

JENNIFER COBB, MSW, LCSW, DBTC

Curriculum Vitae

CURRENT POSITION

Assistant Professor, Department of Social Work, The University of North Carolina at Greensboro, Greensboro, NC.

Owner and Clinical Director, Guilford Counseling, PLLC, Greensboro, NC.

PROFESSIONAL EDUCATION

Joint Master of Social Work Program: MSW, NC Agricultural & Technical State University & The University of North Carolina at Greensboro, 2009

- Mental Health Concentration
- Graduate Assistantship full year of attendance Aug 2008-Aug 2009

Bachelor of Social Work: BSW, University of Nebraska at Kearney, 2000

- Member of Student Social Work Organization

LICENSURE AND CERTIFICATIONS

- Licensed Clinical Social Worker: LCSW (NC) #C007332
- Dialectical Behavior Therapy Certified: DBTC (DBTNCAA) #D708958

ACADEMIC TEACHING EXPERIENCE

August 2018- present **UNC-Greensboro: Assistant Professor**
Department of Social Work, Greensboro NC

COURSES TAUGHT

- SWK 640 Field Instruction (MSW); Fall 2018
- SWK 641 Seminar I (MSW); Fall 2018
- SWK 654 Trauma, Grief, and Loss (MSW); Fall 2018
- SWK 652 Advanced Clinical Skills I (MSW); Fall 2018
- SWK 623 Social Work with Groups (MSW); Fall 2018

August 2012 – August 2018 **UNC-Greensboro and NC A&T State University: Adjunct Lecturer**
Department of Social Work, Greensboro NC

COURSES TAUGHT

- SWK 413 Field Instruction I (BSW); Fall 2012, Fall 2013, Fall 2014, Fall 2015

- SWK 414 Field Instruction II (BSW); Spring 2013, Spring 2014, Spring 2015 (2 units), Spring 2016 (2 units)
- SWK 415 Seminar I (BSW); Fall 2012, Fall 2013, Fall 2014, Fall 2015
- SWK 416 Seminar II (BSW); Spring 2013, Spring 2014, Spring 2015 (2 units), Spring 2016 (2 units)
- JMSW 628 Field Instruction I (MSW); Spring 2013
- JMSW 629 Field Seminar I (MSW); Spring 2013
- SAS 100 Strategies for Academic Success (undergraduate); Spring 2014
- Created curriculum for and taught SWK 554 Mental Health in Social Work (MSW); Spring 2014, Spring 2015
- JMSW 640 Field Instruction III (MSW); Fall 2015, Fall 2016
- JMSW 641 Field Seminar III (MSW); Fall 2015, Fall 2016
- SWK 647 Field Instruction IV (MSW): Spring 2016, Spring 2017, (scheduled Spring 2018)
- SWK 648 Field Seminar IV (MSW); Spring 2016, Spring 2017, (scheduled Spring 2018)
- SWK 411 Social Work Methods (BSW); Fall 2015
- SWK 623 Social Work with Groups (MSW); Fall 2016 (2 units), Fall 2017
- Created curriculum for and taught SWK 654 Special Topics in Social Work - Trauma, Grief, and Loss (MSW); Fall 2017
- SWK 619 Foundations of Clinical Social Work Practice (MSW); (scheduled Spring 2018)

PROFESSIONAL AND COMMUNITY SERVICE

Oct 2011 – present National Association of Social Workers – NC Chapter

- Local Program Unit Chair Oct. 2011 to present
- Board Member July 2016 to present

Nov 2016 – present National Alliance on Mental Illness – Guilford County NC Chapter

- Board Member

INVITED LOCAL PROFESSIONAL PRESENTATIONS & WORKSHOPS

- **Workshop Speaker:** Cobb, J. (2013) *Assertive Communication*, National Kidney Foundation Council of Nephrology Social Workers Conference
- **Featured Speaker:** Cobb, J. (2014) *Emotional Impact of Food Allergies*, Forsyth County gathering of Food Allergy Families
- **Ethics Speaker:** Cobb, J. (2015) *Ethics of Suicide*, Guilford County Local Program Unit of NASW-NC
- **Workshop Leader and Featured Presenter:** Cobb, J. (2015) *DBT Foundations and Advanced*, Clinical Training Workshop
- **Featured Presenter:** Cobb, J. (2016) *DBT in Private Practice*, Clinical Training Workshop
- **Featured Presenter:** Cobb, J. (2016) *Case Formulation in DBT*, Clinical Training Workshop

- **Workshop Leader and Featured Presenter:** Cobb, J. (2016) *DBT Foundations and Advanced*, Clinical Training Workshop

CAREER EMPLOYMENT EXPERIENCE

- January 2012 – present **Guilford Counseling, PLLC, Greensboro NC**
- Owner and Clinical Director of successful group practice providing Dialectical Behavior Therapy and other trauma-informed practices to individuals, families, and groups
 - Completed 2-year team building intensive through Linehan’s Behavioral Tech and am currently certified in Dialectical Behavior Therapy
 - Completed 10 month Traumatic Stress Studies certification through Bessel van der Kolk’s Trauma Center
 - Complete assessments, diagnose, develop treatment plans, and monitor progress with clients
 - Oversee weekly DBT consultation team with clinicians from inside and outside Guilford Counseling, PLLC
 - Awarded DBT Pilot Program through Sandhills LME/MCO and am currently gathering data to show the effectiveness of DBT in reducing use of ancillary services
 - Build and maintain community relationship for marketing and referral purposes
 - Manage financial budget and billing systems
 - Maintain compliance with states and federal laws
- June 2009 – Aug. 2011 **Family Service of the Piedmont, Greensboro NC**
- Fairview Family Resource Center Program Manager
 - Healthy Start In-Home Therapist
 - Supervised staff and student interns and provided supervision, coaching, feedback, and development
 - Developed and facilitated programming including parenting classes, community events, self-esteem groups, community education events, and life skills groups
 - Managed, gathered, and compiled data for grants; ensured compliance with several different grants at same time; developed data measuring and recording tools
 - Built and maintained community relationships; developed several community collaboratives
 - Managed yearly budget for FFRC
 - Completed clinical assessments with clients; developed treatment plans; monitored on-going treatment
- Aug. 2008 – May 2009 **Congregational Social Work Education Initiative, Greensboro NC**
- National Pilot Program
 - Completed psycho-social assessments with clients (interview, document, record)

- Psychoeducation with clients, community, and providers
- Case management to clients
- Tracked and compiled data for grants and on-going preservation of initiative

February 2005 – May 2008 **Three Springs/Aulder Academy, Pittsboro NC**

- Promoted from Wilderness Counselor to Rover (supervisor), and then to Director of Student Life
- Supervised student life team of 15 members; provided training, feedback, coaching, and development
- Managed monthly and yearly budget
- Oversaw life skills classes and disciplinary actions of students
- Facilitated therapeutic groups
- Ensured compliance with state regulations
- Participated in weekly management and treatment team meetings

Aug. 2003 – Aug. 2004 **Child Saving Institute, Omaha NE**

- Special Needs Adoption Specialist
- Case management for clients ages 10-17
- Recruit and train foster and adoptive families
- Support and education for clients and families
- Crisis intervention
- Collaborated with other adoption agencies (member of NAAA)

Aug. 2000 – Dec. 2000 **NE Department of Health and Human Services, Broken Bow NE**

- Intern – Field Placement for Bachelor's degree
- Participated in the development of treatment plans and client education programs
- Completed home visits to investigate safety
- Input data into tracking system (N-FOCUS)
- Attended wraparound training

Aug. 1999 – Aug. 2003 **I Believe In Me Ranch, Kearney NE**

- Promoted from Direct Care Staff to Shift Supervisor to Residential Manager
- Developed programming and policies for new program
- Supervised team of 12 members
- Planned daily therapeutic activities for residents ages 8-12
- Tracked client progress in program
- Participated in team meetings
- Served as contact person for legal guardians; advocated for residents
- Monitored documentation and ensured compliance with state regulations